

Stop these oral Antihistamines 3 days before your appointment:

1. Actifed
2. Alavert® (Loratadine)
3. Allegra® (Fexofenadine)
4. Antihist
5. Astelin®, Astepro (Azelastine)
6. Atarax®
7. Axid® (nizatidine)
8. Azatadine (Optimine, Trinalin)
9. Benadryl (Diphenhydramine)
10. Bromfed
11. Brompheniramine
12. Cabinoxamine (Rondec)
13. Chlopheniramine (Chlortrimeton)
14. Clarinex® (Desloratadine)
15. Claritin® (Loratadine)
16. Clemastine (Tavist)
17. Cyproheptadine (Periactin)
18. Deconamine
19. Dimenhydrinate (Dramamine)
20. Dimetapp
21. Diphenhydramine (Benadryl)
22. Diphenylpyraline (Hispril)
23. Doxylamine (Bendectin, Nyquil)
24. Drixoral
25. Dura-tab
26. Flexeril- ie. Muscle Relaxants, etc.
27. Kronofed
28. Loratadine (Claritin, Alavert)
29. Marax (Hydroxyzine)
30. Meclizine (Antivert)Methdilazine HCl (Tacaryl)
31. Naldecone
32. Novafed-A
33. Ornade
34. Patanase
35. Pepcid® (famotidine) Phenergan (Promethazine)
36. Phenindamine (Nolamine, Nolahist)
37. Pheniramine (Polyhistine D)
38. Poly-Histine-D
39. Promethazine HCl (Phenegan)
40. Pyrilamine (Kronohist, Rynatan)
41. Rynatan
42. Tagamet® (cimetidine) Tavist
43. Trimeprazine (Tamaril)
44. Trinalin
45. Triprolidine (Actifed)
46. Xyzal (Levocetirizine)
47. Zantac® (ranitidine)
48. Zyrtec® (Cetirizine)
49. Vistaril®
50. Valium (Lorazepam, Ativan) ie. Sleeping Pills Kronofed

Meclizine (Antivert) If you are taking an **oral/nasal** antihistamine that is not listed above, stop the medicine for **3 days** before your appointment. If you are not sure, please contact our office.

Some **antidepressants** can also act as antihistamines and will also interfere with skin testing. Please stop for **6 weeks**. Some examples include:

Tricyclic antidepressants: amitriptyline, Elavil, Adapin, Sinequan, Tofranil, Trazadone, etc.

Please inform us if you are on any antidepressants before skin testing. **Do not stop antidepressants** for any reason without checking with your primary care doctor first.

The following medications *need not* be stopped:

1. Cromolyn (Intal) and Nedocromil (Tilade)
2. Steroid Nasal Sprays (Beconase, Vancenese, Nasalide, Fluticasone, Nasacort, Beclovent, Vanceril, Aerobid, Azmacort, Pulmicort, Flovent, Qvar, Advair, Qnasl)
3. Oral Corticosteroids (Prednisone, Medrol)
4. Pseudoephedrine
5. Theophylline
6. Accolate (Zafirlukast), Zyflo (Zileuton), Singular (Montelukast)
7. Atrovent (Ipratropium Bromide)-Nasal Spray/Inhaler
8. SSRI antidepressants:
9. Paroxetine - Paxil
10. Sertraline - Zoloft
11. Fluoxetine - Prozac
12. Citalopram Hydrobromide - Celexa
13. Escitalopram - Lexapro
14. Venlafaxine - Effexor
15. Proton Pump Inhibitors:
16. Prilosec
17. Aciphex
18. Protonix
19. Prevacid
20. Nexium

Please note: this is not a complete list. Call and check if you have any questions on any other medications